



ROSS FORREST

Ross Forrest is a lifelong resident of Lake Cowichan, where he has lived, worked, volunteered, raised his family and built lasting community connections. He and his wife, Tracy, have been married for 49 years. Their daughter and son, along with their spouses, also call Lake Cowichan home, and Ross and Tracy are proud grandparents of three grandchildren.

Ross's commitment to the community is reflected in a lifetime of service and involvement. Working with people from diverse backgrounds has strengthened his ability to listen, build relationships, collaborate and treat others with respect.

From 2008 to 2018, Ross served as Mayor of Lake Cowichan. During his ten years in office, he gained extensive experience in local government and developed strong working relationships with residents, municipal staff, neighbouring communities and all levels of government. His leadership was grounded in accountability, open communication and practical cooperation.

Ross believes effective leadership means listening carefully, earning trust and working constructively—even when perspectives differ. He is committed to fostering a community where people of all ages feel welcome, supported and able to live, work and thrive.

After a lifetime in Lake Cowichan, Ross remains deeply invested in its future. He is committed to bringing experience, integrity and a collaborative approach to the work ahead, while helping build a strong, responsible and welcoming community for generations to come.